

Curriculum Vitae

Kate A. Morrissey Stahl
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Education, Certification, and Licensure

PhD, Human Development and Family Science, University of Georgia, December 2017. Dissertation: *Older adult women's experiences of sexuality: A qualitative exploration*. Jerry Gale, Denise Lewis, and Doug Kleiber, dissertation committee.

Certified Sex Therapist, American Association of Sexuality Educators Counselors and Therapists, October 2017.

Certificate in Gerontology, University of Georgia Institute of Gerontology, May 2016.

Certificate in Marriage and Family Therapy, University of Georgia, May 2009.

Registered Yoga Teacher, Peachtree Yoga, Sandy Springs, Georgia, May 2009. 500-hour RYT with specialty in Trauma-Sensitive Yoga.

MSW, School of Social Work, University of Georgia, May 2009. Georgia LCSW license granted May 2012. Licensed in South Carolina as LICSW 2019.

MA, Communication Arts and Sciences, The Pennsylvania State University, August 2005. Thesis: "The Sound of One Mouth Flapping: Communication and Buddhism in the United States." Christopher Johnstone, Rosa Eberly, Steven Browne, and Charles Prebish, thesis committee. Course emphases: Continental Philosophy, Literary Theory, and Religious Studies.

BA, Double majors in Communication and English, Ripon College, December 2002. Magna cum laude.

Teaching Experience

Fall 2017-present, Clinical Associate Professor, University of Georgia School of Social Work. Teach master's level courses on clinical social work topics such as sex therapy, behavioral methods, psychopathology, group and family practice, evaluation, and gerontology. Helped to develop, implement, and evaluate Capstone course and Sex Therapy course. Offer independent studies around issues of aging, ability, human sexuality, and social justice-oriented clinical approaches. Designed and taught multiple online classes.

Summer 2015, Instructor, University of Georgia, Human Development and Family Science 2100. Taught Development within the Family class, including theories of human development from birth through the end of life within a family context.

2009 - 2010, Instructor, University of Georgia, Speech Communication 1500. Taught Interpersonal Communication, including interpersonal theory and strategies for effective interpersonal communication.

2006 - 2009, Instructor, University of Georgia, Speech Communication 1100. Taught Introduction to Public Speaking, engaging students in learning how to create and deliver informative and persuasive speeches, as well as how to engage community problems using techniques from Theatre of the Oppressed.

2005 - 2008, Instructor, Speech Communication 191, Athens Technical College, Athens and Elberton Campuses. Taught Fundamentals of Speech, directing students from a wide variety of professional and personal backgrounds in the skills of public speaking, the critical engagement of public messages, and small group theory.

Summers 2005, 2006, Professor, Junior State Summer Program, Yale Campus and Stanford Campus. Taught Speech and Political communication, including civic engagement and public speaking for college credit to gifted high school students interested in politics and government as a path of study.

2003 - 2005, Graduate Instructor, Communication Arts and Sciences 100A, Pennsylvania State University. Instructed Effective Public Speaking, offering basic rhetorical theory, group theory, practical language and argumentation skills, delivery, and critical thinking.

Clinical Experience

November 2014 – present, Clinical Social Worker, Kate Morrissey LLC via Revolution Therapy and Yoga. Offer couple, individual, family, and group counseling with an emphasis on behavioral mindfulness-based approaches, couple therapy, and sex therapy. Offer supervision in clinical social work and sex therapy.

December 2012 - present, Acceptance and Commitment Therapy Trainer, Kate Morrissey LLC. Lead day-long and two-day trainings in ACT for professionals.

May 2013 - December 2014, MFT Trainee, Aspire Clinic. Conducted individual, couple, and family counseling. Received training and supervision at a doctoral level in working from systemic family therapy perspectives.

August 2012 - May 2013, Mental Health Professional, Counseling and Psychiatric Services, University Health Center. Conducted individual, couple, and group interventions to University of Georgia students and their families, as well as offering outreach and managing crisis interventions, with an emphasis on approaches grounded in mindfulness.

October 2009 - April 2013, Mind-Body Counselor, Rubber Soul Yoga. Offered individual, couples and group interventions with a focus on the overlap between ACT and yoga approaches, in addition to certified yoga teaching for the general public.

January 2010 - December 2012, Women's Wellness Group Facilitator, AIDS Athens. Facilitated ongoing support group to increase wellness behaviors in HIV positive clients.

May 2009 - July 2012, Behavioral Health Provider, Advantage Behavioral Health Systems. Offered individual and group interventions with a focus on Acceptance and Commitment Therapy and Dialectical Behavioral Therapy for clients with serious persistent mental illness in a community mental health setting as well as crisis assessment and intervention.

2009-2010, Social Worker, Hospice Advantage. Met with clients and their families on home visits. Trained to back up the main social worker.

2008 - 2009, Social Work Intern, Loran Smith Center for Cancer Support. Provided group grief counseling and individual counseling to people with cancer and their families.

2006 – 2008, Southerncare Hospice Volunteer. Served as a companion and advocate for older adults during their time receiving hospice care.

2005, Community Help Centre Volunteer, State College, Pennsylvania. Completed 120-hour empathy and basic needs support training. 340-hour commitment, including hotline work with general counseling and face-to-face counseling and basic needs support, continuing conferences on community issues. Offered outreach and recruitment talks in classes at Pennsylvania State University.

2005, Volunteer Services Intern, State College, Pennsylvania. Arranged rides for community members who needed to get to medical or human services appointments. Took reservations for Youthful Offenders Program students. Aligned potential volunteers with opportunities to volunteer in the community.

Research Experience

2021-present, Teca Ho/New Voices research project investigating best practices for interviewing Native youth about experiences with sex trafficking. In partnership with a Native advisory board and scholars at the University of South Dakota and the University of Colorado, Colorado Springs.

2014 - 2017, Member, Lifecourse Intergenerational Family dynamics Environmental interactions (LIFE) Lab, College of Human Development and Family Studies. Assisted Dr. Denise Lewis and the rest of the team with research design, conference proposals, and publishing, with a focus on gerontological research.

2011 - 2012, Primary Investigator, Yoga and ACT for Anxiety Pilot Study, Rubber Soul Yoga. Co-designed study with Dr. Chad Drake, collected data, presented at several national conferences, book chapter on research in press.

2009 - 2010, Research Assistant, School of Social Work, University of Georgia. Assisted with Dr. Michael Holosko's research projects, including a research glossary and writing and researching academic articles.

Fellowships and Grants

2021-2022 CenHTRO Grant, PI. \$20,000 Developing a Methodology for Trauma-Informed Interviews of Native Child Victims of Human Trafficking with Bridget Diamond-Welch and Anna Kosloski.

2021-2022 Georgia Department of Behavioral Health and Developmental Disabilities grant DBHDD Investing in the Future, PI. \$160,000/year beginning July 202. Supports students working in public behavioral health positions

2019 Fellows for Innovative Teaching recipient, Center for Teaching and Learning at the University of Georgia

2018 Fellowship recipient for National Institute of Alcohol Abuse and Alcoholism (NIAAA) Alcohol and Other Drugs Education Program (ADEP) Program

2018 Recipient of Sustainability Across the Curriculum course development grant

Memberships and Professional Societies

2014 - present, American Association of Sexuality Educators Counselors and Therapists.

2010 - present, Association for Contextual Behavioral Science.

2007 - 2017, National Association of Social Workers.

2013 - 2015, American Association for Marriage and Family Therapy.

Peer-Reviewed Articles and Chapters

Pless, J. and **Morrissey Stahl, K.** (in progress 2022). Understanding BDSM and Consent.

Morrissey Stahl, K., Elkins, J., Topple, T., & DeCelle, K. (2021). Lessons from designing and teaching an anti-oppression capstone course. *Journal of Social Work Education*.

Morrissey Stahl, K., Bower, K.L., Seponski, D., & Lewis, D.C. (2020). Critical questions for practitioners providing support during the end of life: Exploring intimacy from an ecological perspective. *Intimacy and sexuality during illness and loss*. Hospice Foundation.

Bower, K.L., **Morrissey Stahl, K.**, Seponski, D., & Lewis, D.C. (2020). Intimate expression during the end of life: Considerations for practitioners working with sexual and gender minority older adults. In S.J. Dodd (Ed.), *The Handbook of Social Work and Sexualities*. London: Routledge.

National task force, including **Morrissey Stahl, K.** Council on Social Work Education Curricular Guide for Licensing and Regulation. 2017 EPAS Curricular Guide Resource Series.

Morrissey Stahl, K., Gale, J., Lewis, D.L., & Kleiber, D. (2018). Sex after divorce: Older adult women's reflections. *Journal of Gerontological Social Work*, 61(6), 659-674.

Morrissey Stahl, K., Gale, J., Lewis, D.L., & Kleiber, D. (2018). Pathways to pleasure: Older adult women's reflections on being sexual beings. *Journal of Women and Aging* 30(5), 1-19.

Morrissey Stahl, K., Bower, K., Seponski, D., Lewis, D.L., Farnham, A.Cava, Y. (2017). A practitioner's guide to end-of-life intimacy. *OMEGA: Journal of Death and Dying*, 77(1), 15-36.

Morrissey Stahl, K., & Drake, C. (2016). Acceptance and Commitment Therapy and yoga [book chapter]. *Yoga and Psyche*. Newcastle, UK: Cambridge Scholars.

Boone, M., Mundy, B., **Morrissey Stahl, K.,** & Genrich, B. (2015). Acceptance and Commitment Therapy, functional contextualism, and clinical social work. *Journal of Human Behavior in the Social Environment*, 25.6, 643-656.

Holosko, M., Skinner, J., MacCaughelty, C., & **Morrissey Stahl, K.** (2010). Building the implicit BSW curriculum at a large, southern university. *Journal of Social Work Education*.

Book Reviews

Morrissey Stahl, K. (2013). A book review of: Social work with HIV and AIDS: A case-based guide. *Research on Social Work Practice*.

Morrissey Stahl, K. (2011). A book review of: Metacognitive therapy for anxiety and depression. *Research on Social Work Practice*.

Bulletins and Popular Press Articles

Morrissey Stahl, K. (2019). Guest Column: Sex and the Older Woman. *Aging Horizons Bulletin*. Retrieved from <https://aginghorizons.com/2019/07/guest-column-sex-and-the-older-woman/>

Morrissey Stahl, K. (August 2020). More questions for a sex therapist, column for *Conversational*.

Morrissey Stahl, K. (February 2020). Questions for a Sex Therapist, interview by Kyle Bower for *Conversational*.

Morrissey Stahl, K. (2018). Divorce's impact on the sex lives of older women. *Boom Athens* magazine.

Morrissey Stahl, K. (2016) Aging and Intimacy. *Boom Athens* magazine.

Presentations

July 2022, **Morrissey Stahl, K.,** and Pless, J. ACT framing for BDSM and consent. Poster presentation at Association for Contextual Behavioral Sciences World Conference.

- October 2019, **Morrissey Stahl, K.**, Elkins, J., Topple, T., & Decelle, K. Practicing ambiguous ethics: Theatre of the oppressed and decision case analysis in a master of social work capstone class. Presentation for Innovation in Teaching Conference, University of Georgia.
- April 2019, **Morrissey Stahl, K.** Mindfulness-based gentle yoga to promote well-being with age. Workshop for Southern Gerontological Society Conference.
- April 2019, **Morrissey Stahl, K.**, Gale, J., Lewis, D.L., & Kleiber, D. Women, aging, and sex: Exploring sexual well-being. Poster for the Southern Gerontological Society Conference.
- October 2018, **Morrissey Stahl, K.** Reflective structured dialogue in a master of social work classroom. Presentation for Innovation in Teaching Conference, University of Georgia.
- July 2018, **Morrissey Stahl, K.**, Gale, J., Lewis, D.L., & Kleiber, D. Pathways to pleasure: Flexibility as a route to sexual pleasure as women age. Poster for the Association for Contextual Behavioral Sciences World Conference.
- July 2018, **Morrissey Stahl, K.**, Oed, M. ACT and EFT for sex therapy: An integration. Symposium presentation for the Association for Contextual Behavioral Sciences World Conference.
- August 2016, Bower, K.L., **Morrissey Stahl, K.**, Seponski, D.M., & Lewis, D.C. An ecological systems analysis of end-of-life intimacy. Poster for Groves Conference on Marriage and Family.
- June 2015, Farnham, A., **Morrissey Stahl, K.**, and Lewis, D.C., "Stigma and myths of older adult sexuality: Overcoming biases," workshop for American Association of Sexuality Educators Counselors and Therapists.
- November 2014, **Morrissey Stahl, K.**, and Farnham, A., "Sexuality and aging: Navigating uncomfortable topics as a new professional," symposium for National Council on Family Relations.
- April 2014, **Morrissey Stahl, K.**, and Drake, C., "ACT and yoga for anxiety: A pilot study," workshop for Yoga and Psyche conference, California Institute of Integral Studies.
- July 2013, Hamilton, J., Kjelgaard, R., **Morrissey Stahl, K.**, "Bridging ACT into your practice and into your community," panel presentation at Association for Contextual and Behavioral Sciences World Conference.
- July 2013, Martin, N., Jackson, S., and **Morrissey Stahl, K.** "Yoga awareness and movement-based mindfulness," workshop presented at Association for Contextual and Behavioral Sciences World Conferences.
- July 2013, **Morrissey Stahl, K.**, "Birthing ACT," Ignite workshop presented at Association for Contextual and Behavioral Sciences World Conferences.
- July 2013, **Morrissey Stahl, K.**, and Schoendorf, B. "Yoga meets ACT," workshop presented at Association for Contextual and Behavioral Sciences World Conferences.

April 2013, **Morrissey Stahl, K.**, and Henderson, J. "ACT and yoga," workshop presented at Southern College Health Association Conference.

July 2012, Boone, M., Hamilton, J., **Morrissey, K.**, Mundy, B., and Steinwachs, J. "ACT and social work: Shared values, shared goals," panel presentation at Association for Contextual and Behavioral Sciences World Conference.

July 2012, Ehrnstrom, C., and **Morrissey, K.** "ACT and yoga: Using yoga to optimize your clinical practice," workshop presented at Association for Contextual and Behavioral Sciences World Conferences.

July 2012, Henderson, J., and **Morrissey, K.** "Supervision, training and dissemination," development forum presented at Association for Contextual and Behavioral Sciences World Conferences.

July 2012, **Morrissey, K.**, and Drake, C. "Yoga for anxiety: A pilot study," poster presentation at Association for Contextual and Behavioral Sciences World Conference.

July 2012, **Morrissey, K.**, and Drake, C. "Using CBS to rethink 'alternative' treatments," development forum presented at Association for Contextual and Behavioral Sciences World Conference.

July 2012, **Morrissey, K.**, and Henderson, J. "Dancing ACT," IGNITE forum presented at Association for Contextual and Behavioral Sciences World Conferences.

April 2005, **Morrissey, K.** "The Indian sublime," paper presentation at Eastern Communication Association.

December 2004, **Morrissey, K.** "Transcendent new frontiers in *Contact*," paper presentation at National Communication Association conference.

Guest Lectures

March 17, 2022. "Sexual rights across the lifespan." Guest lecture for Dr. Sarah Saint's Diversity in Elder Care Service Learning class at the University of Georgia, Athens, GA.

November 4, 2021. "Sex and aging." Guest lecture for Dr. Kyle Bower's Family, Sex, Intimacy, and Aging course at Georgia State University, Atlanta, GA.

January 26, 2021. "Non Tenure-Track Positions." Guest lecture for Dr. Joon Choi's SOWK 8417 Integrative Seminar in the School of Social Work, University of Georgia, Athens, GA.

July 7, 2020. "Boundaries and Multiple Relationships." Guest lecture for Ms. Vivian Burrell's 7350 Issues and Ethics Marriage and Family Therapy class in the School of Social Work, University of Georgia, Athens, GA.

November 21, 2019. "Sex and Aging." Guest lecture for Dr. Denise Lewis's 3710 Mid Life and Later Years class in Human Development and Family Science, University of Georgia, Athens, GA.

July 25, 2019. "Pathways to Sex Therapy and Education Practice," for Dr. Kacy Morris's Human Sexuality class in Psychology, University of Georgia, Athens, GA.

July 10, 2018. "Sex Therapy Certification through the American Association of Sexuality Educators, Counselors, and Therapists," Counseling Psychology clinical staffing, College of Education, University of Georgia, Athens, GA.

April 5, 2018. "Clinical Social Work and the UGA MSW Program," Dr. Kimberlee Spencer's Professional Development class in Human Development and Family Science, University of Georgia, Athens, GA.

October 20, 2017. "Sex Therapy and Clinical Social Work as Career Paths," Dr. Rebecca Eaker's Careers class at Georgia Gwinnett College, Lawrenceville, GA.

September 29, 2017. "Yoga as Complementary Alternative Medicine in Medical Social Work," Dr. Tiffany Washington's Medical Social Work class in the School of Social Work, University of Georgia, Athens, GA.

April 17, 2017. "ACT for Clinicians," Dr. Betsy Vonk's Behavioral Methods class in School of Social Work, University of Georgia, Athens, GA.

March 28, 2016. "ACT for Clinicians," Dr. Betsy Vonk's Behavioral Methods class in School of Social Work, University of Georgia, Athens, GA.

March 28, 2014. "Sex and Aging," Dr. Maria Bermudez's Human Sexuality class, University of Georgia, Athens, GA.

February 28, 2014, "Conception and Fertility," Dr. Maria Bermudez's Human Sexuality class, University of Georgia, Athens, GA.

February 25, 2014, "Aging and Sexuality," Dr. Anne Glass' Aging and Society class, University of Georgia, Athens, GA.

January 24, 2014, "Introduction to Acceptance and Commitment Therapy," seminar for post doctoral fellows, University of Georgia, Counseling and Psychiatric Services, Athens, GA.

October 31, 2013, "Mindfulness and Sustainability," Dr. Meghann Jarchow's Sustainability class, University of South Dakota, Vermillion, SD.

October 10 and October 17, 2013, "Acceptance and Commitment Therapy for Social Workers," Dawn Stula's seminar for Master of Social Work students, University of Georgia, Athens, GA.

March 1 and March 8, 2013. "Introduction to Acceptance and Commitment Therapy," seminar for post doctoral fellows, University of Georgia, Counseling and Psychiatric Services, Athens, GA.

November 29, 2013, "Managing Stress through Mindfulness," Counseling and Psychiatric Services Outreach, University of Georgia, Athens, GA.

October 5, 2012, "Food, Mood, and Obesity," Dr. Meghann Jarchow's Sustainability class, University of South Dakota.

Outreach

"Trauma-Informed Care for Behavioral Healthcare Providers" online training for Advantage Behavioral Health, January 10, 2022.

"Aging and Sex" presentation for the Athens chapter of the American Psychological Association, November 19, 2021.

"Decolonizing Marriage and Family Therapy" Reflecting Team for Marriage and Family Therapy Institute, January 29, 2021.

"ACTive Sex: Acceptance and Commitment Therapy in Sex therapy," presentation for the international social work special interest group of the Association for Contextual Behavioral Sciences, December 16, 2020.

"More Questions for a Sex Therapist" column for *Conversational*, August 2020.

"Questions for a Sex Therapist" interview by Kyle Bower for *Conversational*, February 2020, accessible at <https://conversationalhq.com/magazine/questions-for-a-sex-therapist>

"Intimacy and Aging," presentation at the Athens Community Council on Aging, February 8, 2019.

"Sex and Cancer" panel discussion at the Loran Smith Center for Cancer Support, Athens, GA, October 18, 2018.

"Great American Read: Talking About Romance," at Athens Clarke County Library, Athens, GA, September 23, 2018.

"Sex Therapy," for Mental Health Awareness Month, Mediocre Education Hour speaker series, Athens, GA, May 16, 2018.

"Sex and Aging," at Senior Corps volunteer luncheon, Athens Community Council on Aging, Athens, GA, July 19, 2017.

"Aging and Intimacy," article in *Boom* magazine, November 13, 2016.

"Intimacy as We Age," at Athens Clarke County Library, Athens, GA, April 28, 2016.

"Yoga for Stress Management for People Who Are HIV Positive and Their Caregivers," at Women's Day for AIDS, Athens, GA, November 10, 2011.

Honors

2020 MSW Faculty of the Year, University of Georgia School of Social Work

2019 Fellows for Innovative Teaching recipient, Center for Teaching and Learning at the University of Georgia

2018 Fellowship recipient for National Institute of Alcohol Abuse and Alcoholism (NIAAA) Alcohol and Other Drugs Education Program (ADEP) Program

2018 Recipient of Sustainability Across the Curriculum course development grant

2018 Nominee for UGA MSW Professor of the Year

2008 Recipient of Pauline D. Lide Scholarship, School of Social Work, University of Georgia

2003 Inducted to Phi Beta Kappa

2003 Inducted to Lambda Pi Eta, National Communication Association Honor Society

2002 Inducted into Society of the Laurel, Ripon College Honor Society

Service

2021-present Board member for DIVAS who Win, local nonprofit serving people in recovery and who have experienced sex trafficking

2018-2020 elected to the leadership committee of the Association for Contextual and Behavioral Sciences Social Work Special Interest Group (SIG)

2019 Reviewed submissions for the AASECT Conference

2018 Reviewed submissions for AASECT Conference

March 27, 2018 Led Yoga for Self Care at School of Social Work Self Care Week.

2017-2018 Member of CSWE Task force for Licensure and Regulation

2017 Reviewed submissions for AASECT Conference

2017 Participated in UGA MSW Capstone Committee to design capstone project for MSW program

2015 Reviewed submissions for AASECT Conference

2015 Reviewed submissions for ACBS Student Scholarship program

2015 Reviewed submissions for Southeastern ACBS Conference

2014 Elected to ACBS Student Special Interest Group Award Reviewer Committee

2013 Reviewed submissions for ACBS World Conference

2012 Reviewed submissions for ACBS World Conference